

EMPLOYEE ASSISTANCE PROGRAM

RSS has contracted with McCombs Counseling to provide employees with an Employee Assistance Program at no cost. RSS recognizes that personal and family problems can impact your life both at home and at work. When you face these challenges in life, it is nice to know there's a place to call. RSS has established the Employee Assistance Program (EAP) which is a confidential, free support service designed especially to help you with the issues that affect your life the most.

You can make an appointment to see the EAP counselor who is ready to meet, listen and talk with you.

What types of issues can my EAP assist me with?

- Relationship problems at home
- Work related stress or conflict
- Drug or alcohol problems
- Grief and loss
- An aging parent or troubled teen
- Financial stress
- Anxiety, fear or depression
- Parenting issues

QUESTIONS ABOUT RSS'S EAP SERVICES?
Contact RSS's Human Resources Department

COST

All EAP Services are paid for by RSS. You do not pay for any call or visits to EAP. If you need help beyond the 3 sessions offered, you may be referred to a community resource or to a provider covered by your medical benefits. Your EAP counselor will take into consideration your insurance benefits and other financial means when making your referral. Also, employees may choose to continue receiving service at McCombs Counseling and bill health insurance.

CONFIDENTIALITY

It is your decision to take advantage of this service, although sometimes your supervisor may ask you to call. Either way, all EAP records and services are treated with the utmost confidentiality. RSS has selected McCombs Counseling because it is independent and located off-site from the work environment. No one will know you have used the service unless you inform them or if you are referred by your supervisor.

EAP Provider: McCombs Counseling & Consulting Inc.

Customer Service Number: (704) 933-0007

Address: 608 McCombs Avenue, Kannapolis, NC 28083

